

PASTORAL SUPPORT

PROGRAMME



THE SIXTH FORM
at Southmoor Academy


SPEAK UP!



There are a few ways you can make problems you might be having known to us. The important thing is that you tell us, we cannot help if we do not know! **Ways you can tell us:**

 **EduKit** The Edukit App

 Sixth Form Post Box

 Speak to your tutor or another member of staff

WHO CAN I SPEAK TO?

Our pastoral staff are here to help you should you need anything.
Our Sixth Form pastoral leads are:



Mrs. Bagshaw
Director of Sixth Form



Mrs. Zakaizze
Sixth Form Pastoral Lead



Mr. Carter
Sixth Form Pastoral Staff

Your form tutor
is also on hand
everyday to
listen to you!



GET THE SUPPORT YOU NEED

We can help with a variety of problems, don't keep them to yourself!



Mental Health



Concerned for a friend



Concerned for your safety



Report bullying behaviour



Help accessing support services



Help with managing academic studies



If you are in serious danger or immediate harm call 999!

WHAT CAN WE DO?



Our pastoral staff are here to offer help in many different ways that are best suited to your individual needs and situation.



One to One Mentoring



Emotional Support & Resilience



Regular Tea & Talk Drop-Ins



Someone to listen to your problems

WHAT CAN YOU DO?

There are a variety of excellent resources available that you can access to support your wellbeing. **Here are just a few:**

