



Remote Learning

for SEND



What we do?

Southmoor take a pupil-centred approach

Pupils are supported in lessons using their pupil passport. This will allow teaching staff to understand the best way for pupils to learn.

Southmoor support students and families

Students with SEN needs will receive weekly/ twice weekly support phone calls to support learning.

Southmoor work with students to suit their learning style

Lessons are taught using quality first teaching, this will allow students to feel supported and access learning. Students are able to ask questions and ask for support throughout each lesson.

All pupils receive at least weekly phone calls from mentor, SENDCo or member of staff with a relationship with the student.

Targeted students with SEN needs have had offer of 1:1 English & Maths

All students have the offer of mental health support through listening ear

Sen Year 7s students will be having social skills sessions with Mrs Riddle & Miss Booth during PD.

Teachers are supporting students through quality first teaching

After half term drop-in sessions after school for support will be offered to pupils this will give time for direct questions to specific teachers so teachers can focus on this topic in future lessons or provide small support groups

Students are able to communicate with teachers during the entire lesson for targeted support

What you can do?

Keep the day calm and predictable

Think about continuing the regular routine that you normally follow. Routines for self-care can support your child's independence. Think about following your child's timetable, doing lessons at the same time and taking breaks.

Think about the environment

Your child may find it hard to concentrate in spaces with small noises or bright light. Examine the environment and think about what might be causing an issue.

Use visual cues

Visual cues and prompts can help your child to understand. By giving children visual cues this can often reduce the amount of verbal support you need to give your child.

It may help your child to turn the captions on when in live online lessons.

What there is to support?

Over the next pages you will find numerous websites and areas that you can access for support.

Needing technical support?

Support with hardware/software and logging onto remote websites can be found by emailing: ithelpdesk@southmoormat.co.uk

Mental Health Support:

Sunderland Initial Response Team (IRT) - 0303 123 1145

The service is available 24 hours, 7 days a week, throughout the year.

Kooth - www.kooth.com - Offers free, safe, anonymous online support.

Young Minds - www.youngminds.org.uk - Offers advice on mental health issues

Teen Life Check - www.nhs.uk/live-well - Offers online health service aimed at young people aged 12 to 15 years to meet their desire to take more responsibility for their own health and well-being

Talk to Frank - www.talktofrank.com - Offers confidential advice about smoking, drugs and alcohol

Bullying UK - www.bullying.co.uk - Offers information on a range of bullying issues.

Samaritans - www.samaritans.org - 116 123 or email jo@samaritans - You can access confidential emotional support at any time.

NSPCC - www.nspcc.org.uk - Childline offers free, confidential advice and support whatever your worry, whenever you need help.

Childline - www.childline.org.uk - 0800 1111

Childline offers here to help anyone under 19 in the UK with any issue they're going through. You can talk about anything. Whether it's something big or small, their trained counsellors are there to support you.

NHS Direct - 111 www.nhsdirect.nhs.uk - Phone 111 - speak to a fully trained health advisor

Shout - Text 85258 <https://giveusashout.org/>

A 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258.

Mind - 0191 565 7218, 07984595542 or admin@sunderlandmind.co.uk

A confidential, high-quality service for offered to all individuals experiencing emotional or mental health problems. You can sign up to any of the services; they are open to everyone.

Wellbeinginfo.org - A useful website for anyone looking to improve their mental health and wellbeing. Resources include: local support services, information about specific mental health and wellbeing issues, links to other websites and helplines.

Support and advice specifically for parents/carers:

Young Minds - Information on child and adolescent mental health.

Phone: Parents' helpline 0808 802 5544 (Monday to Friday, 9.30am to 4pm)

Website: www.youngminds.org.uk

Sunderland MIND - Support for parents/carers who are supporting young people

Website: <https://www.mind.org.uk/information-support/for-children-and-young-people/information-for-parents/>

Anna Freud - <https://www.annafreud.org/coronavirus-support/support-for-parents-and-carers/>

Support for parents and carers - how to support children during the coronavirus:

NHS -

The following website includes a list of mental health charities, organisations and support groups that offer expert advice covering a wide range of mental health and wellbeing issues.

NSPCC -

Support and tips to help you keep children safe. From advice on children's mental health to staying safe online, support for parents and what to do if you're worried about a child.

Website: <https://www.nspcc.org.uk/keeping-children-safe/>

Parent club -

The Parent Club website has lots of useful information to help families who are in isolation at home with young children.

Website: <https://www.parentclub.scot/topics/coronavirus>

CAMHS -

https://36bcba96-c643-4a57-97c9-a5d0a468fe3a.filesusr.com/ugd/e3ca78_e82e59e0e37f49afbca3b235f3890873.pdf

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If you need any support
Mrs Riddle can be contacted via
MyEd or via telephone:
0191 594 9991