

# Southmoor Academy



## HEALTH & SAFETY POLICY

### Statement of Intent

Southmoor Academy is committed to providing a safe, secure and healthy environment for staff, children and visitors. Our aim is to attempt to eliminate all work-related accidents, injuries, illnesses or damage to property.

All employees are encouraged to promote a safe and healthy working environment.

It is the responsibility of the Board of Trustees to ensure the working environment is safe for all who work, study and visit.

Everyone has responsibility for being vigilant and aware of possible risks. Children and adults are encouraged to look out for themselves and one another and share any concerns they may have swiftly and appropriately.

**It is the responsibility of all Academy staff to be aware of the management and compliance obligations and procedures appended to this policy.**

<b>APPENDIX 1:</b>	<b>INFORMING PEOPLE OF THIS POLICY</b>
<b>APPENDIX 2:</b>	<b>MANAGEMENT</b>
<b>APPENDIX 3:</b>	<b>PROCEDURES</b>
<b>APPENDIX 4:</b>	<b>SWIMMING POOL OPERATING AND EMERGENCY PROCEDURES</b>
<b>APPENDIX 4A:</b>	<b>SWIMMING POOL EMERGENCY ACTION PLAN</b>
<b>APPENDIX 4B:</b>	<b>SWIMMING POOL NORMAL OPERATING PROCEDURES</b>

### Review Procedures

This policy will be reviewed regularly and revised as necessary. Any amendments required to be made to the policy as a result of a review will be presented to the MAT Finance & General Purpose Committee of the Board of Trustees.

**Last review date:** 13.05.26

**Next review due:** Summer 2027

**Person Responsible:** Deputy Head: Estates, Logistics and Health & Safety

<b>Associated Policies:</b>	Allegations of Abuse	Anti-Bullying
	Behaviour Management	Child Protection
	Drug	Lettings
	Medication	Positive Handling
	PSHE & SMSCC	Risk Management
	Whistle Blowing	

## **APPENDIX 1: INFORMING PEOPLE OF THIS POLICY**

All members of staff are given annual health and safety awareness training and are issued with the policy and required to sign the register to acknowledge they have read and agreed to the information contained within it. It is also available centrally on the network for staff reference.

Visitors likely to visit the Academy on a regular basis or prolonged period of time are requested to read the policy itself.

New members of staff receive health and safety information as part of their induction.

It is the responsibility of Academy leadership to ensure that pupils are made aware of existing and new health and safety information.

## **APPENDIX 2: MANAGEMENT**

### Board of Trustees / Local Governing Body

The Board of Trustees and the Local Governing Body have a collective role in providing health and safety leadership.

They

- Ensure adequate resources are provided to eliminate or manage risks.
- Ensure the high profile of health and safety in relation to financial planning, personnel decisions and in-service training.
- Ensure that policies relating to health and safety are in place and updated regularly.
- Enable a member of the Local Governing Body to have a key monitoring role in relation to health and safety including a termly walk around the Academy building with members of the Academy Health and Safety Group.
- Approve as appropriate arrangements for residential trips according to Local Authority guidelines.
- Ensure that safety standards for purchased goods and equipment are met.

### Executive Headteacher & Health and Safety Lead

The Executive Headteacher has overall responsibility for health and safety within the Academy.

Specifically the Executive Headteacher & Health and Safety Lead will:

- Ensure that all actions reinforce the objective of eliminating all unsafe acts.
- Address all the health and safety implications of their decisions.
- Be kept informed about any significant health and safety failures, and the outcome of the investigations into their causes.
- Ensure that the Academy meets (as far as is reasonably practicable) the requirements of the health and safety legislation.
- Regularly review the safety and security of the Academy buildings during an annual meeting of the Governing Body.
- Act upon referrals from employees.
- Ensure staff and pupils comply with agreed procedures.
- Advise and inform the Governing Body as to health and safety practice, legislation and compliance.
- Liaise with outside agencies (Health & Safety Department/Capital Team, etc.).
- Investigate accidents and pass to appropriate agencies for further action.
- Organise an annual review of risk assessments.
- Manage the Academy Health and Safety Group (Members: Deputy Headteacher, CFO, Link Governor, Site Supervisors).
- Report to the Governing Body at Trustee / Local Governor meetings as relevant.
- Provide advice to managers.
- Ensure that health and safety risk management systems are in place and remain effective.
- Ensure that the Academy meets (as far as is reasonably practicable) the requirements of the health and safety legislation.
- Undertake risk assessments as and when required and review regularly.
- Put into practice and monitor the procedures described in associated policies (i.e. first aid, emergency, fire, reporting of defects).
- Ensure staff and pupils comply with agreed procedures.

- Advise and inform the Board of Trustees / Local Governing Body as to health and safety practice, legislation and compliance.
- Ensure that appropriate logs and records of incidents are completed and acted upon.
- Ensure policies and employees are updated as to new legislation and guidance.
- Ensure that employees have adequate training and information to enable them to act upon health and safety recommendations.
- Meet with the health and safety representative of the Local Governing Body each term to discuss health and safety issues and 'walk the school'.
- Ensure that fire drills are held at least once per term and cover a variety of situations including the blocking of an exit, a child not registering and lunchtime evacuation.
- Ensure adequate first aid cover is provided.
- Ensure that temporary/supply staff are informed of health and safety practice.
- Report on any audits/inspections to the MAT Finance & General Purpose Committee / Local Governing Body and follow-up any necessary actions.

### Deputy Headteacher

The Executive Headteacher is advised by the Deputy Headteacher who will:

- Undertake appropriate health and safety training.
- Check the public areas of the Academy.
- Identify areas where work is required.
- Ensure that procedures are in place to ensure the safety of contractors and hirers.

### Managers

Managers (both teaching and non teaching) have responsibility for health and safety within their areas. Those responsible for others should always ensure that they:

- Have a systematic programme of risk assessment, ensuring that assessments are undertaken and reviewed annually.
- Ensure that all employees are competent to fulfil their designated duties and arrange training if required.
- Ensure members of their team are complying with health and safety regulations.
- Bring this policy to the attention of all employees.
- Inform the Academy Health and Safety Group of any health and safety issues.
- Ensure all accidents, assaults, dangerous occurrences and near misses are reported and investigated in line with corporate procedures.
- Communicate the content of risk assessments and safe methods of work to employees.
- Keep an overview of equipment and substances kept in their areas.
- Ensure that all equipment used is adequately tested and maintained.

### All Employees

- All employees are responsible for:
- Checking working areas before they start work for any foreseeable hazards.
- Knowing the safety measures and arrangements to be adopted in their own working areas and ensure that they are applied.
- Knowing and applying the procedures in respect of emergencies.
- Reporting any hazard or breakage.

- Following health and safety instructions and use appropriate safety equipment and protective clothing.
- Maintaining safely tools and equipment.
- Reporting any incidents, assaults or 'near misses'.
- Supervising pupils and ensuring that they know about emergency procedures and safety measures.
- Making parents/volunteers aware of safety procedures in the classroom/work area.
- Ensuring that relevant risk assessments are completed and followed.
- Making full use of the appropriate equipment, personal protective equipment and all safety devices.
- Reporting to their supervisors any unsafe practices or systems of work, unsafe working conditions, damage to plant, machinery or equipment, accidents or violent incidents.
- Taking reasonable care for the health and safety of themselves and of any other person who may be affected by their actions or omissions at work.
- Co-operating with managers and supervisors so as to enable them to carry out their own responsibilities.
- Co-operating in all consultations regarding health and safety.

### Visitors

Regular visitors and other users of the Academy will be required to observe the safety rules of the Academy. The Deputy Headteacher will ensure that visitors are informed of health and safety matters which may affect them during their visit.

Parents helping out in the Academy will be made aware of the health and safety arrangements by the teacher/non-teacher who they are working with.

Groups of people who regularly hire the premises will be made aware of safety arrangements through our hiring leaflet and in discussion with the Academy's Premises Officer.

## **APPENDIX 3 - PROCEDURES**

### **What to do in the case of discovering a fire:**

- Evacuate students in immediate danger.
- Sound the nearest alarm.
- Contact the school office telling them that an evacuation is required.
- Do not attempt to fight the fire unless you have been trained in the use of equipment and the fire is small.

### **When the fire alarm sounds:**

#### **ALL Staff will:**

- Stop pupil activity, prepare to leave the room, close windows, ensure quiet and wait for a tannoy notice.
- If you cannot hear a tannoy move immediately to a point where you can hear it.
- Check the condition of the nearest break glass – if it has been broken and there is no fire, immediately inform the School office via phone or a runner.

#### **SCIENCE Staff will:**

- Immediately inform the School office by phone or runner if they have an experiment which has triggered the smoke alarm.

#### **SCIENCE Technician will:**

- Check the Science labs to see if the smoke sensors have been triggered and inform the office immediately.
- Ensure the main gas taps are **OFF**.

#### **FIRE WARDENS will:**

- Ensure that their designated areas are clear before leaving the building
- Closing all fire doors (not on automatic closers) before leaving their area
- Take an active day to day role in fire prevention and hazard spotting
- Report fire safety issues such as missing fire extinguishers
- Ensure that fire escape routes/stairs and fire exits are not blocked
- Report any hazards (which cannot be dealt with) to the Premises Team
- Report to the Head fire warden at the assembly point to notify them of the occupancy status of their area
- Assist the head fire warden in securing the building and ensuring that no one re-enters the premises until it is deemed safe to do so by the fire and rescue service.

#### **OFFICE Staff will:**

- Silence the alarms using the key hung in the office and await information from other staff.
- As soon as information about a false alarm is received put out a tannoy to that effect.
- If no information is received within 2 minutes put out a tannoy requiring the orderly evacuation of the school.
- Take responsibility for and visitors in reception or pupils on the sick bench at the pupil reception.
- Bring pass out book to assembly point

**CARETAKERS** will:

- Check the alarm board to identify the source of the alarm.
- Attend the scene to check the cause of the alarm.
- Repair glass and reset the system as required.

**LEADERSHIP TEAM who are not teaching** will:

- Report to the office to make the decision over a possible evacuation.
- Check the cause of the alarm with the caretakers and office staff.
- Investigate and prosecute as necessary.
- Go to designated Assembly Point,
- Liaise with Year Leader and then inform Executive Headteacher of missing persons.

**WHAT TO DO IF AN EVACUATION IS REQUIRED**

**ALL STAFF** will:

- Instruct pupils/visitors to leave personal belongings behind.
- Inform pupils/visitors of the nearest exit route.
- Request pupils leave in a calm and orderly fashion via the route indicated and assemble on the all-weather pitch via gates at the top of the yard and line up at their required Assembly Point (see Map).
- Close all doors as they leave the building.
- Go to their Assembly Point and check for missing pupils.
- Liaise with Year Leaders over missing pupils.

**ASSEMBLY POINTS (ALL WEATHER PITCH)**

**A – Year 7**

**B – Year 8**

**C – Year 9**

**D – Year 10**

**E – Year 11**

**F – Non Teaching Staff & all other Staff**

**G – 6<sup>th</sup> Form**



Trained Fire Wardens are:

Mrs L Dutson (Pupil Reception)  
Mrs G Ferguson (Reset Manager)  
Mr W Ibbitson (Site Supervisor)  
Miss P Mills (Science Technician)  
Mr K Moody (Site Supervisor)  
Miss S Moody (SEN)  
Miss A Penman (6<sup>th</sup> Form)  
Miss K Rogers (Data Manager)  
Mrs H Winlow (6<sup>th</sup> Form)  
Mr D Wright (Site Supervisor)

The Academy has a Fire Management Plan and Risk Assessment file which are kept in the cupboard in the Deputy Headteacher's office. This includes monitoring and recording of weekly testing of alarms and lighting, management of fire safety and evacuation drills.

## **MEDICATION PROCEDURE**

Southmoor has a trained 'Identified Person' to manage the day to day procedures regarding medication in schools. This is currently Mrs. Kerrie Gaff.

Southmoor complies with Children's Services guidelines regarding receiving, storing and distribution of medicines and uses the agreed procedures.

The Academy will not normally accept non prescription drugs.

## **EPI PENS**

When a pupil requires an epi pen, an individual action plan will need to be agreed with the Academy. This must be signed by the parents. The action plan is a variation on the authority form which has been agreed with Health Authority representatives.

All permanent employed staff will be informed about pupils who carry epi pens and will have these arrangements explained. The information will be included in the Academy Information Document. A list of pupils who carry epi pens will be kept in the School Office.

It will be the responsibility of the individual pupil to carry their epi pen and to administer it when required. The pupil will inform their teacher who will immediately inform the School Office. The office will immediately ring 999 asking for a paramedic and explain that it is for an anaphylactic reaction. The 'identified person' will also be informed.

It will not be possible for the pupil to carry their epi pen during PE lessons when the pen will need to be left in the changing room. Pupils should make their PE teacher aware of this situation and should have 'friends' who are also aware and can assist in obtaining the epi pen if required.

A spare epi pen can be kept within the Academy as part of the Medication in Schools procedure.

There has been staff reluctance to administer epi pens so we cannot guarantee that a trained member of staff will be available at all times.

## **FIRST AID**

Southmoor Academy will maintain a number of trained First Aiders to ensure cover throughout the normal Academy day. First Aiders are there to deal with issues which arise during the course of the day. They will not be able to deal with injuries and or illness which has arisen outside of the Academy.

Any individual requiring First Aid should either report to the School Office or send a message to the office. The First Aider will then be contacted.

In the event of an ambulance being required a member of staff from the School Office will contact the Ambulance Service. It may not always be possible for a member of staff to accompany the individual to hospital. Parents/carers will always be contacted and required to attend hospital.

In the event of a major incident staff should follow the academies Major Pupil Incident Procedure which includes medical attention guidance.

All first aid incidents will be recorded on the agreed proformas and these will be retained by the School Office.

Trained First Aiders within the Academy are:

Ron Burkhard  
Kelly Dormand  
Jenna Dodds  
Liz Dutson  
Nicola Fletcher  
Kerrie Gaff  
Dean Hassan  
Deb Hudson  
David Martin  
Julie Martin  
Holly Morrison  
Bernie Roddam  
Nikki Stewart  
Katy Tinman  
Hannah Winlow  
Craig Wood  
Emma Woodhams  
Claudia Zakaidze

The main first aid box is kept in the School Office. All trained First Aiders also have access to a first aid box within their working area. It contains only approved equipment, together with guidance on the treatment of injured people. It also contains latex gloves, which must be used for first aid treatment, particularly if blood is present. This is to eliminate the risk of blood born infections.

For the supervising of an out-of-school visit there is a first aid satchel available. Staff must ensure that this is taken on a trip. The academy minibuses also carry a first aid box.

## **ACCIDENT PROCEDURE**

In the event of an accident occurring a first aider should be summoned via the School Office. The first aider will recommend further action to be taken. All minor accidents should be reported in the minor accident book. Where necessary, parents/carers or other persons should be notified of the accident.

## **MEDICAL EMERGENCY**

If a pupil is sufficiently unwell as to cause concern, they should be referred to the appropriate Year Leader at break or lunchtime. Where a member of staff feels that the child is sick they can send the pupil to the relevant Year Leader or if they are teaching, to the School Office who will either:

- a) contact parent/carer to collect child
- b) hold the child until the Year Leader is available
- c) return them to lesson

NB First Aiders are NOT qualified or able to treat sick pupils.

## **ACCIDENT REPORTING**

All accidents (and near misses) will be recorded on the agreed incident report forms (IR1's). These are held in the School Office. It is important that incidents are reported promptly in case the forms need to be passed to the Health and Safety Executive.

All forms will be passed to the Health & Safety Lead for investigation, recording and action if required. A record of all reported accidents will be retained by the Academy.

Violence at work reports will be passed directly to the Executive Headteacher.

## **DEFECTS**

Any member of staff finding a defect in the building, furniture or equipment will take steps to remove the hazard or ensure that the risk is minimised and report the details immediately to the Deputy Headteacher, Site Supervisor or Executive Headteacher.

Details of the defect will be reported via Parago, signed and dated. The Deputy Headteacher, in consultation with the Executive Headteacher if necessary, will take steps to have the defect rectified.

Any member of staff discarding a faulty item or electrical item must also remove this item from the Electrical Appliance Register.

## **ELECTRICITY**

PAT testing is carried out on a rolling programme by the Site Supervisors. Registers are kept in the office itemising each appliance and details of tests carried out. All defective items are removed or repaired. Staff should not bring personal electrical equipment such as heaters into the Academy.

Staff should be vigilant for:

- Damage to leads, plugs and switches.
- Damage to outer case of equipment.
- Signs of overheating.
- Signs of liquid spillage or entry of foreign materials, ventilation ports not blocked.
- Ensure that the appliance is being used for the purpose it was designed for.

## **COSHH (Control of Substances Hazardous to Health)**

The Academy is alert to the need to limit the use of any hazardous substance and use alternative substances where possible. A file is kept in the site supervisor's office which includes substances used for the swimming pool, Academy cleaning and maintenance operations. All COSHH materials have a data sheet which is kept in the site supervisor's office or relevant curriculum areas. Risk assessments are completed where appropriate. All staff are reminded annually of COSHH materials. The Academy is a member of CLEAPPS.

## **WORKING AT HEIGHTS**

Staff are reminded that they should only use approved equipment to put up displays and access higher level shelving. Consideration should be given to the appropriate clothing and necessary footwear. Only staff with ladder training should access higher levels. Staff should not climb on tables, benching, chairs, etc. when putting up any display. Staff should contact and use appropriate Site Supervisor staff to assist in putting any displays up.

## **RISK ASSESSMENTS**

Risk assessments must be completed whenever there is the possibility that a hazard or danger might be encountered as part of an Academy activity. A list of risk assessments and proformas are kept in the School Office. These are reviewed annually. Any staff in doubt of any activity should seek advice from the relevant Line Manager (i.e. EVC Coordinator, Site Supervisor). Staff should address the actual activity at risk and not just the location.

## **PE EQUIPMENT**

The PE equipment is inspected annually. The PE Curriculum Leader is responsible for overseeing this inspection and for keeping a regular check of whether equipment is fit for purpose.

The PE policy outlines procedures for safe use of equipment. Careful consideration should be given to the use of apparatus. Staff should be particularly alert to the use of equipment with children with behavioural needs.

## **CONTRACTORS AND VISITORS**

All contractors and visitors entering the premises are required to sign in and wear a visitors' badge. They are alerted to important health and safety information. All contractors used are CHAS registered. In addition, contractors are advised about the location of asbestos and asked to sign to acknowledge that they have received this information.

## **SMOKING**

To help ensure that we offer pupils, staff and visitors a safe, secure and healthy environment our school has adopted a no smoking policy for all, which covers the building, yards and playing fields.

## **ASBESTOS MANAGEMENT**

The Academy is a Priority 1 Local Authority building due to its percentage of asbestos content. The Academy asbestos register is available at the reception desk and is shown to contractors prior to work beginning. This should be signed to confirm they are aware of any specific locations. An asbestos risk assessment is available.

Staff receive an annual asbestos awareness induction. Staff should never use drawing pins, sellotape, blue tack, etc. to display any material on areas/ceilings where asbestos may be present. The Academy is supported by the Local Authority asbestos management team and has an emergency procedure for any occasion of disturbed asbestos. Any staff who suspect asbestos material has been disturbed should contact the Academy Site Asbestos Management Officer (Mr David Martin).

## **LEGIONELLA BACTERIA IN WATER SYSTEMS**

By law, the Academy has a Legionella Management Plan. An annual survey is carried out by the Local Authority Land and Property Team. Regular monitoring through the Academy water management programme is also carried out to ensure there is no risk of legionella contamination. Any defects in any of the Academy's water system should be reported to the Deputy Headteacher.

Any work carried out in the buildings which may interrupt or change any water services is recorded by the Deputy Headteacher and the Local Authority Water Quality Officer is informed.

## **USE OF DISPLAY SCREEN EQUIPMENT**

All classroom workstations are for pupil registration and projector display use only. Staff who require workstations for continuous use and over an hour at a time should use the staff workroom in the old block where workstations are supported with appropriate seating and VDU equipment.

Staff required to use a workstation as part of their everyday work activity can undertake an e-learning module to assess their work station area.

The Academy has a policy of not issuing laptops to staff as it cannot be guaranteed they will only be used as a temporary arrangement.

## **MANUAL HANDLING**

All members of staff should be aware of manual handling activities involved in their day-to-day activities (i.e. the movement of bundles of paper, the reorganisation of classroom furniture, the carrying of books, the movement of audio/ visual equipment, the movement of music equipment, etc). Pupils should not be required to move heavy objects and should only move awkward objects with appropriate supervision.

Staff are reminded annually about correct posture when lifting and carrying equipment. All staff should alert senior members of staff if they feel that an action they are involved with is having an affect on their physical health and well-being.

## **LONE WORKING AND PERSONAL SECURITY**

The Academy, as a responsible employer, does not expect any employee to go into a dangerous situation for which they are not prepared. If you think you may be exposing yourself to danger in entering a building or site you should not do so.

If staff are working alone in the building or in an isolated situation, they should take the following precautions:

- Tell somebody where you are and what time you will be home.
- Ensure that entrances are secure – ensure that the main entrance is bolted and that you can get out of another door in case of an emergency without using a key.
- If you are the last member of staff to leave ensure that the door through which you leave locks behind you.
- If anyone suspicious attempts to enter the building or you see or hear anything suspicious contact the police using the telephone in the main office or a mobile phone.

- Always be alert when leaving the building.
- Technology staff when using machinery should not work alone without somebody else knowing they are doing such work and being present in the same building.

## **ACADEMY TRIPS/VISITS**

Trips/visits are a valuable and often essential part of courses but do require arrangements and care.

Before making any arrangements members of staff should consult the Deputy Head, then obtain permission in principle from the Executive Headteacher.

Once a firm plan has been decided upon details must be entered on the appropriate forms (see risk assessments file kept in the School Office) and then submitted to the Executive Headteacher for approval via Mr. D. Martin (Education Visits Co-ordinator).

If the visit is not on the Calendar of Events the co-operation and indulgence of colleagues should be sought. A list of pupils involved should be placed on the staff room notice board.

If there are implications for school lunches the Restaurant Manager should be informed as far in advance of the trip as possible.

## **MINIBUS**

The Academy complies with all European, National and Local Authority regulations.

To use the minibus you will need to:-

1. Be a named driver.
2. Write your booking in the minibus diary – kept in the School Office.
3. Check the minibus before and after your journey logging details and mileage and ensuring it is left clean and tidy for the next user.
4. Leave a list of pupils' names in the School Office.
5. Arrange with the Senior Site Supervisor if you are planning to collect/return the minibus after 6.00pm on Monday to Friday and anytime on Saturday or Sunday.
6. Collect and return the minibus service bag which contains hi-vis jacket, security and emergency equipment. This is kept in the School Office.

The member of staff using the minibus has the responsibility to complete a visual check before use. The minibus will also have a recorded weekly check completed by the Deputy Headteacher. Any defects must be reported immediately to the Deputy Headteacher or to a Site Supervisor. Any incidents should initially be reported to the Site Supervisor.

The staff qualified to drive the Academy minibus are:

Mark Allan  
 James Buchan  
 Glen Bunn  
 Ron Burkhard (D1)  
 Elizabeth Dutson (D1)  
 Jenna Dodds

Dean Hassan (D1)  
William Ibbitson (D1)  
David Martin (D1)  
Julie Martin (D1)  
Caitlin Oliver-Orr  
Bernie Roddam (D1)  
Jonny Scott  
Edward Smith (D1)  
Nikki Stewart  
Alan Temple (D1)  
Christopher Walker  
Mark Walker  
Dean Wright (D1)

## APPENDIX 4: SWIMMING POOL OPERATING AND EMERGENCY PROCEDURES

### Pool details

- Pool is 20m x 8m with a depth of between 0.8m and 2.0m.
- Pool is surrounded by a 40cm high wall 30cm wide.
- There are 2 ladders (one at each end) for access.
- Pool is covered at night by retractable floating covers

### Potential risks

#### *HAZARDS*

Influence of drugs/alcohol  
Consumed food prior to swimming  
  
Poor health/medical condition  
Weak or non swimmers  
Boisterous behaviour  
Swimming aids  
Unauthorised access

#### *RULES*

Persons behaving abnormally will not be allowed to swim  
Any person who has just consumed a full meal must not swim within one hour  
  
Persons must inform instructor prior to swimming  
Persons must inform instructor prior to swimming  
No running; jumping or pushing  
Under instructor supervision only  
Pool kept secure – follow standard procedures in case of intrusion

Jewellery

No jewellery allowed in school

Diving

Supervised by instructor only (deep end towards shallows only)

Misuse of facilities

Persons required to leave the pool

Swimming under water

Supervised by instructor only (deep end towards shallows only)

Flippers, snorkels or face masks

Supervised by instructor only

Slippery surfaces

No running, jumping, pushing

Water outlets

Checked annually – not an issue

Depth of water

Signs on pool side (see above re diving)

Plant rooms

Kept locked at all times

Chemical storage areas

Kept locked at all times

Lane ropes

Supervised by instructor only – stored away from public access

Poor tiles

Weekly check by caretaker

Changing areas

Safety check weekly by caretaker

Water temperature

Daily thermometer check

Electrical appliances

None to be used except by instructor (CD player externally powered)

Pool wall

See pool behaviour rules

### Supervision

- A qualified class teacher must always be available when pupils participate in swimming activities in their own school. A class teacher must accompany groups on visits away from their own school.
- All teachers involved in the teaching of swimming must have appropriate qualifications and experience and fully understand their responsibilities.
- The recommendations for teacher/pupil ratios outlined above must be put into practice.
- The teacher/adult helper should not enter the water except in an emergency and only after the safety of the rest of the class has been checked. The only exception is the adult-helper who is supporting the non-swimmer or pupil with a special need. This must be agreed by the teacher who has overall responsibility for the class.
- The teacher/adult helper should be able to see all the pupils and the pool bottom throughout the lesson.
- Pupils should be taught to report any mishap to the teacher; they should also work in pairs to check on each other's well-being.
- The class and individual groups must be counted before, during and after the lesson.
- Appropriate clothing and footwear should be worn by all adults involved in the teaching of swimming to ensure safe and effective teaching and, if necessary, to effect a rescue.
- Changing rooms must be adequately supervised.

### Swimmer behaviour

- No pupil should enter the water unless specifically directed to do so.
- All pupils should be aware of the emergency drill to clear the pool. This should be practiced regularly and be affected by means of an agreed signal (e.g. whistle).
- Pupils should use the toilet and foot-bath before swimming.
- Jewellery including watches can be a hazard and must not be worn during swimming and diving activities.
- It is desirable for safety and hygiene reasons that long and shoulder length hair is tied back.
- Bermuda shorts and bikinis are not considered suitable for school swimming activities.
- The use of swimming goggles should be encouraged for anyone whose eyes may be affected by chemicals in the water. When used they should be of unbreakable plastic or rubber (they must not be worn when diving into the pool).
- Outdoor shoes should not be worn around and on the pool side unless covered by disposable overshoes.
- Pupils should not be allowed to run on the pool surrounds.
- There should be no pushing or pulling of pupils into the water.
- 'Bombing' is prohibited.
- There should be no evidence of food and drink in the pool vicinity or glass containers in the changing room, showers or pool.
- Pupils should not chew sweets or gum during a lesson.

### Risk awareness

Pool rules are clearly displayed and copies sent to all hirers.

### Dealing with bathers

The pool is 160 metres square and the maximum number of bathers is 30. Access is controlled by class size and instruction to hirers

### First Aid

A first aid kit is available in the PE office. Replenishment of items is the responsibility of the Curriculum Leader of PE.

### Conditions for hire

Qualifications must be provided and a signature is required to confirm operating NOP and EOP.

### Operational Systems

Access is controlled by locked doors. Covers are operated only by caretakers.

### Details of alarm systems

An emergency telephone is available in adjacent changing room and there are fire alarms in the pool. Testing and maintenance is maintained at all times.

### Detailed work instructions

Cleaning and water treatment procedures: these are the responsibility of the Site Supervisor

Equipment: lane ropes and goals are the responsibility of the swimming instructor.

Gala: as above

### Duties of Lifeguards and Pool Carers

- Being familiar with and ensuring the pool is normal and emergency procedures are enforced.
- Maintaining constant observation of the pool and pool users in order to anticipate problems and identify any emergency quickly.
- Carrying out rescues and initiating other emergency action as and when necessary.
- Carrying out immediate first-aid in the event of an injury to a bather, or other emergency.
- Communicating with bathers in order to carry out any of the above.
- Ensuring the pool area is never left unattended when bathers are in the water, or are likely to be in the water or when spectators are present.
- Making themselves familiar with any emergency equipment provided.
- Ensuring bathers adhere to all pool rules
- Ensure bathers shower before entering pool area

### Systems of work

Lines of supervision.

## **POOL EMERGENCY OPERATING PROCEDURES**

### Overcrowding:

Academy groups do not exceed maximum numbers. If any other group is found to exceed the maximum all bathers will be required to leave the pool and a rota system must be instituted.

### Disorderly behaviour:

Any disorderly behaviour by pupils will be dealt with under Academy procedures. Behaviour of outside groups is the responsibility of the hirer.

### Lack of water/ air clarity:

If water clarity is reduced so that staff are unable to see the pool floor at its deepest point then the pool will be closed. In 30 years we have never had reduced air clarity – should it ever occur supervisors will close the pool immediately.

#### Fire:

Fire procedures must be followed according to Academy procedures. Bathers will leave the pool and put on their shoes and coats/jackets/towels and leave by either emergency route. A set of emergency foil blankets are also situated in the pool area. Once the location of the fire is established bathers will be allowed to enter a heated room in whichever block is unaffected by the fire.

#### Lighting failure:

Emergency lighting is provided in the pool, the changing rooms and escape routes.

#### Structural failure:

If there is any sign of structural failure in pool/building/roof, etc. bathers will leave the pool area immediately and the caretaker must be informed. Buildings are regularly checked and any concerns will lead to closure until appropriate investigations have been carried out.

#### Emission of toxic gases:

If the extractor fans are not working then the pool will be evacuated immediately and closed until checked.

#### Serious injury to bather:

Any casualties should be removed from the pool as soon as is safe using a spinal board if required. A trained First Aider should remain with the casualty and a teacher should contact the ambulance service. In the case of outside use, a responsible adult should make the call. An emergency phone is available as you leave the pool.

#### Illness/injury to Teacher or Instructor:

If no qualified instructor and/or first aider is available then the session must be cancelled. In the event that the teacher/instructor is injured or becomes unwell during the session then all bathers must leave the pool and the session terminated.

#### Casualty in the water:

The pool should be cleared while the Life Guard assesses the situation. If the casualty can be safely removed from the water (using a spinal board if necessary) then do so. An ambulance must be called.

#### Water contamination:

When contamination occurs (solid faecal or diarrhoea) the bathers must leave the pool immediately. The pool will remain closed until full cleaning procedures have been completed.



Southmoor Academy

## APPENDIX 4A: Swimming Pool Emergency Action Plan

1. CEO / Executive Headteacher	Joanne Maw
2. Health and Safety Lead	David Martin
3. Site Supervisors	Billy Ibbitson, Dean Wright
4. Head of PE	Jonny Scott
5. PE staff	Julie Martin, Jenna Dodds, Mark Walker, Sarah Eccleshare-Forrest & Gillian McDonough

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## **1. Introduction**

A key role for all poolside staff (including lifeguards, teachers, coaches, assistants and co-ordinators) is to remove (or substantially reduce) the chances of a pool user getting into difficulties during a swimming session. This requires the poolside staff to use their training and experience to avoid and incident happening by early intervention in any given situation.

Preventing an incident is the prime objective, but when an incident does occur it is important that ALL staff know what action to take. This document outlines those procedures.

This plan should be read in conjunction with the swimming pool's Normal Operating Procedures, and uses definitions from those procedures.

## **2. Duties and Responsibilities**

### **Responsible Person**

In the event of an incident, the 'Responsible Person' is to take control of the incident at the earliest possible moment. During school core hours this is the swimming teacher in charge of the lessons. Outside school core hours this is the person nominated as such on the booking.

### **School Swimming Sessions (during school core hours)**

Guidelines given in the document produced by the Directorate of Education and Lifelong Learning should be followed.

### **Hire Group sessions (outside school core hours)**

All groups are responsible for the Health and Safety of their pool users. To reduce the chances of pool users getting in to difficulties there must be a Lifeguard on pool side at all times. All hirers are to ensure they have the correct teacher-swimmer ratio (as detailed in the Normal Operating Procedures). This will differ depending on age and ability. It is the hirer's responsibility to know this information and ensure that they are operating within the guidelines.

### **Lifeguards**

All lifeguards should be familiar with the contents of this plan, and must make themselves aware of the location of the emergency rescue equipment.

## **3. Emergency procedures**

All incidents must be recorded in an accident book. School users must follow the school recording procedures. External hire groups must use their own accident books and provide a copy of the report to the Site Supervisor within 1 week of the incident occurring.

Serious accidents, occupational diseases and specified dangerous occurrences must be reported under RIDDOR regulations by the Academy.

### **3.1 General evacuation procedure**

- Clear the pool by use of an emergency whistle blast as set out in the Southmoor Academy Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- Evacuate via the external fire exit doors.
- Issue thermal covers (foil blankets) if necessary (located in the swimming pool store room).
- Go to the assembly point on the all-weather games area.
- Users should report to the Responsible Person for the group.
- The Responsible Person must report all persons in their group are accounted for to the appropriate school staff during school core hours, or to the Site Supervisor outside school core hours.

### **3.2 First aid & contacting help**

- A list of trained first aiders is held in the main School Office (phone '3001' using the poolside phone during school core hours) and in the pupil reception.
- The poolside phone may be used to dial 999 directly if emergency services are required.
- A call for emergency services can also be made by staff in the PE office or from a personal mobile phone.
- If emergency services are called, inform the main admin office and site staff (during school core hours) or site staff (outside school core hours).
- Help can also be summoned by using the designated pool radio and using the term "**Pool code RED**"

### **3.3 Fire**

On discovery of a fire:

Follow the general evacuation procedure in section 3.1. Raise the alarm by activating a fire alarm call point whilst leaving. Report the situation to the Responsible Person at the evacuation point.

If the fire alarm sounds:

Follow the general evacuation procedure in section 3.1.

### **3.4 Bomb threat**

Follow the general evacuation procedure in section 3.1. Raise the alarm by activating a fire alarm call point whilst leaving.

### **3.5 Lighting failure**

- Clear the pool by use of an emergency whistle blast as set out in the Southmoor Academy Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- The Responsible Person should ensure that all pool users are accounted for.
- Report the fault to PE staff or Site Supervisor and follow their instructions (which may include a building evacuation).

### **3.6 Structural failure**

- Clear the pool by use of an emergency whistle blast as set out in the Southmoor Academy School Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions. The affected area should be kept clear.
- The Responsible Person should ensure that all pool users are accounted for.
- Cordon off the affected area.
- Report the fault to PE staff or Site Supervisor and follow their instructions (which may include a building evacuation).

### **3.7 Chemical spillage (toxic gases)**

#### Large spillage

Follow the general evacuation procedure in section 3.1. If it is suspected that the spillage may be causing toxic gases to be released, raise the alarm by activating a fire alarm call point whilst leaving and advise the Responsible Person immediately. The assembly point may need to be moved depending on prevalent weather conditions.

#### Small spillage

Report immediately to PE staff or Site Supervisor, who will advise on what action to take.

### **3.8 Lack of water clarity**

If the lines at the bottom of the pool are not visible, the pool should not be used. Clear the pool if it is in use. Report this to PE staff or Site Supervisor. Site Supervisor will determine if the pool is safe to use.

### **3.9 Overcrowding**

If the numbers exceed the pool loading (as stated in the Normal Operating Procedures), the Responsible Person must ensure that the numbers are reduced immediately.

### **3.10 Disorderly behaviour**

The group is responsible for dealing with disorderly behaviour during their session, with the Responsible Person having overall accountability. If disorderly behaviour persists or is responsible for any damage to the facility or the assault of a person, Southmoor Academy reserves the right to implement sanctions against those responsible up to and including the barring of the responsible party(s) from the facility and the possible involvement of outside services.

### **3.11 Lost / found child**

The group is responsible for dealing with any lost or found child incidents during their session, with the Responsible Person having overall accountability. Groups should follow their own child safeguarding procedures.

### **3.12 Contamination of the water**

All pool users must understand the need for a hygienic pool area, the importance of pre-swim hygiene and what action to take in the event of a soiling incident. The Site Supervisor operate a full water testing regime for Southmoor Academy swimming pool. Procedures are described below for various actions and emergency measures.

#### Diarrhoea

If a substantial amount of loose, runny stool (diarrhoea) is introduced into the water – especially if illness is admitted or strongly suspected:

- Clear the pool by use of an emergency whistle blast as set out in the Southmoor Academy School Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- All pool users must shower upon exiting.
- Stop anyone else from entering the pool.
- Report the incident to PE staff or Site Supervisor
- The pool must be closed whilst Site Supervisor add a coagulant and filter for 3 turnovers cycles (this takes 6 hours).
- Site Supervisor will maintain disinfectant levels at the top of the recommended range.
- Site Supervisor will vacuum and sweep the pool.
- A backwash programme will then take place as per the recommendations for the filter.
- Site Supervisor staff will test the water.
- Filters must be left to settle for 8 hours.

In cases where pool users have had diarrhoea for more than 24 hours, the Site Supervisor will contact Environmental Health / the Health & Safety Executive.

PE staff or Site Supervisor will record the incident along with pool water condition readings.

Site Supervisor will only open the pool once the above procedure has been followed and the Health and safety lead has authorised it to be reopened.

### Solid Stools

- Clear the pool by use of an emergency whistle blast as set out in the Southmoor Academy School Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- Stop anyone else from entering the pool.
- Retrieve using a net and dispose of down a toilet.
- Report the incident to PE staff or Site Supervisor

PE staff or Site Supervisor will record the incident along with pool water condition readings.

The Site Supervisor will only open the pool once the above procedure has been followed and the Health and safety lead has authorised it to be reopened.

### Blood and Vomit

If substantial amounts of blood or vomit are spilled into the pool, it should be temporarily cleared of people to allow the pollution to disperse and any infective particles within it to be neutralised by the disinfectant in the water.

- Clear the pool by use of an emergency whistle blast as set out in the Southmoor Academy School Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- Stop anyone else from entering the pool.
- Report the incident to PE staff or Site Supervisor.

Site Supervisor will confirm that disinfectant residuals and PH values are within the recommended ranges.

Site Supervisor will record the incident along with pool water condition readings. Site Supervisor will only open the pool once the above procedure has been followed and Health and safety lead has authorised it to be reopened.

Any blood spillage on the pool side should not be washed into the pool or pool side drains. Site Supervisor will clean with strong disinfectant.

### **3.13 Swimming difficulty**

#### Action by the Lifeguard(s)

- Alert the other members of staff with whistle blasts as set out in the Southmoor Academy School Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- Assess the situation and carry out rescue procedures as per training. All lifeguards must make themselves aware of the location of the emergency rescue equipment.
- Carry out first aid procedures, if required, as per training.
- Ensure that assistance has been contacted as described in section 3.2.
- Ensure that the incident has been reported to Site Supervisor and health and safety lead.

#### Action by other poolside staff

- Assess the situation. If the Lifeguard in the water requires immediate assistance this takes priority, although nobody should attempt to undertake lifeguard duties unless they hold their own appropriate qualification to do so.
- Contact assistance as described in section 3.2.
- Manage the other pool users. This may involve evacuating the pool and/or poolside area.
- Report the incident to Site Supervisor and health and safety lead.

### **3.14 Serious injury to a pool user**

#### Action by the Lifeguard(s)

- Alert the other members of staff and evacuate the pool with whistle blasts as set out in the Southmoor Academy School Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- Assess the situation and carry out rescue procedures as per training.
- Additional care must be taken if a spinal injury is suspected.
- Carry out first aid procedures, if required, as per training.
- Ensure that assistance has been contacted as described in section 3.2.
- Ensure that the incident has been reported to Site Supervisor and health and safety lead, and recorded in an accident.

#### Action by other poolside staff

- Assess the situation. If the Lifeguard requires immediate assistance this takes priority, although nobody should attempt to undertake lifeguard duties unless they hold their own appropriate qualification to do so.
- Contact assistance as described in section 3.2.

- Manage the other pool users. This may involve evacuating the pool and/or poolside area but NOT leaving the building (as statements may be required from witnesses). Take details and statements from everyone involved and all witnesses as soon as possible.
- Report the incident to Site Supervisor and health and safety lead, and complete an accident book (as described at the start of section 3).

### **3.15 Serious injury in the pool area or changing rooms**

#### Action by the Lifeguard(s)

- Alert the other members of staff with whistle blasts as set out in the Southmoor Academy School Swimming Pool Normal Operating Procedures, or using clear, concise verbal instructions.
- If a sole lifeguard must deal with an incident, evacuate the pool (as lifeguard duties cannot be continued whilst the lifeguard is dealing with the incident).
- Carry out first aid procedures, if required, as per training.
- Ensure that assistance has been contacted as described in section 3.2.
- Ensure that the incident has been reported to Site Supervisor and health and safety lead, and recorded in an accident book.

#### Action by other poolside staff

- Assess the situation. If the Lifeguard requires immediate assistance this takes priority, although nobody should attempt to assist with lifeguard duties unless they hold their own appropriate qualification to do so.
- Contact assistance as described in section 3.2.
- Manage the other pool users. This may involve evacuating the pool and/or poolside area but NOT leaving the building (as statements may be required from witnesses).
- Take details and statements from everyone involved and all witnesses as soon as possible.
- Report the incident to Site Supervisor and health and safety lead, and complete an accident book (as described at the start of section 3).



**Southmoor Academy**

**APPENDIX 4B:  
Swimming Pool Normal Operating Procedures**

**Distribution List:**

<b>1. CEO / Executive Headteacher</b>	<b>Joanne Maw</b>
<b>2. Health and Safety Lead</b>	<b>David Martin</b>
<b>3. Site Supervisors</b>	<b>Billy Ibbitson, Dean Wright</b>
<b>4. Head of PE</b>	<b>Jonny Scott</b>
<b>5. PE staff</b>	<b>Julie Martin, Jenna Dodds, Mark Walker, Sarah Eccleshare-Forrest &amp; Gillian McDonough.</b>

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## **Introduction**

The swimming pool has 4 lanes. It is a "Tank" style pool with a raised outer wall. It is 20 metres long and 8 metres wide. It is 1 metre deep in the shallow end and graduates to a maximum depth of 2 metres at the deep end. There is a seating area for spectators at the side of the main pool area.

The swimming pool is used by the students and staff of Southmoor Academy during the School's core hours. It is also used by the satellite primary schools along with some external groups.

The pool complex is hired out by the school to the local community and external groups after the School's core hours. This is to swimming groups only. Hirers have to provide their own lifeguards and produce lifeguard certificates to David Martin.

As of the issue date of these procedures, there are NO general public sessions. The swimming pool is however hired to clubs / groups.

Gillian McDonough along with the site supervisors are responsible for managing pool services including cleaning, caretaking and maintenance. The caretakers are trained as pool operators for the taking of pool tests during the day and for dealing with the pool chemicals.

## **1. Definitions**

The following terms are used in this procedure:

School core hours

7.30am – 3.30pm weekdays during school term time

Pool staff

Anyone who runs an activity in the pool area. This includes (but is not limited to) lifeguards, teachers, coaches and assistants, including any unpaid / voluntary personnel.

Responsible Person

During school core hours, the Responsible Person is the swimming teacher in charge of the lesson. Outside school core hours, the Responsible Person is a specific person designated by the hirer as having overall charge of the session.

ASA

The Amateur Swimming Association, the English national governing body for swimming, diving, water polo, open water swimming, and synchronised swimming.

RLSS

The Royal Life Saving Society, the national charity which trains the majority of pool lifeguards in the UK.

Swimming teacher

A person holding a minimum of the ASA Level 2 Swimming Teacher qualification (or equivalent), or a person holding the ASA Level 1 Swimming Assistant qualification (or equivalent) working under the supervision of a Level 2 qualified teacher.

#### Programmed swimming

A swimming session with a formal structure which is supervised, controlled, disciplined and continually monitored from the poolside. Such as a PE curriculum lesson.

#### Unprogrammed swimming

Sessions without a formal structure, such as public sessions or, “free” swimming when allowed as a contrasting activity at the end of a structured lesson.

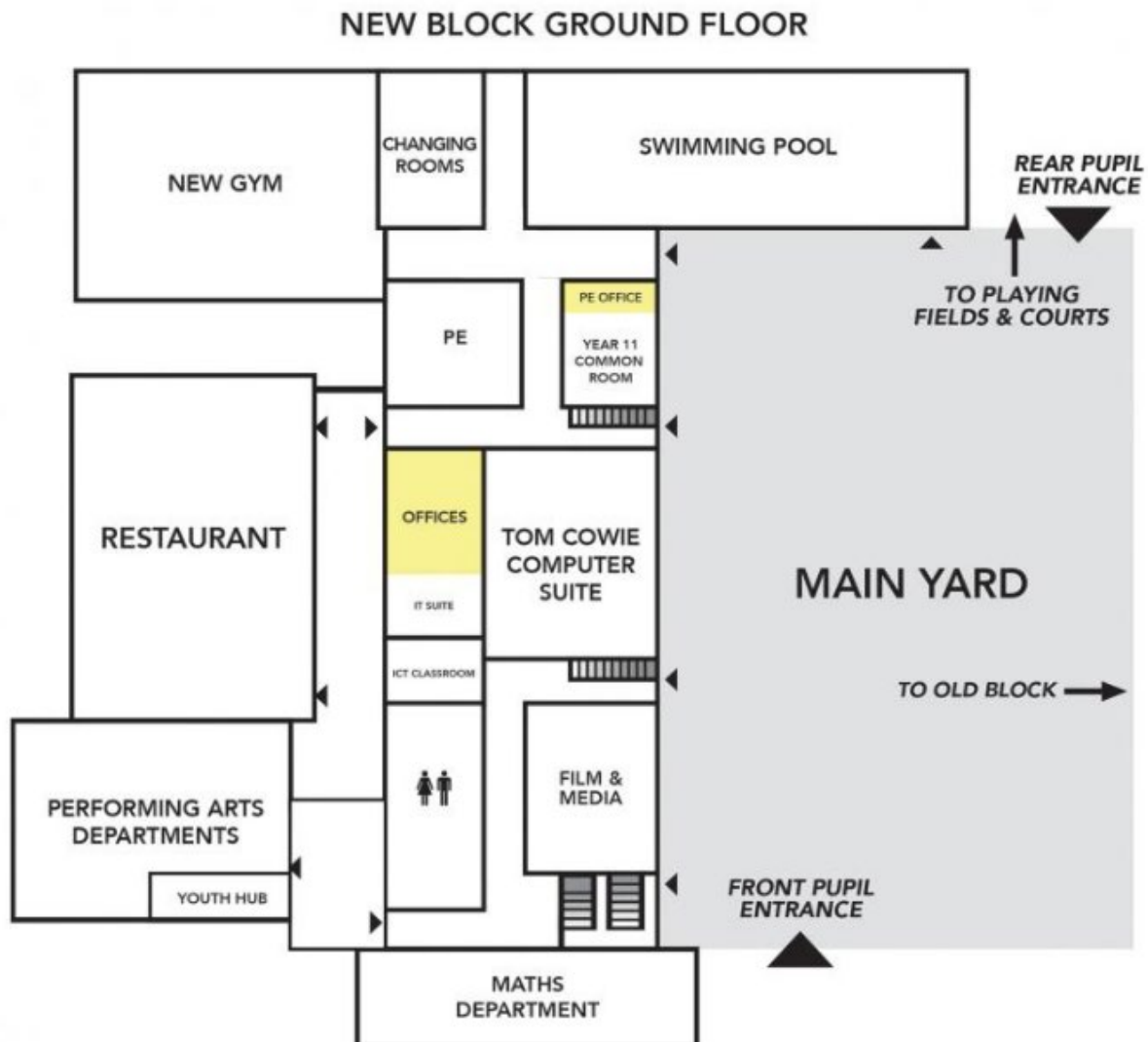
#### Adult

For the purposes of this document an adult is anybody over the age of 16 years of age.

#### Child

For the purposes of this document a child is anybody who is 16 years of age or under.

## 2. Building plan



First Aid is the responsibility of the group.

## 3. Conduct and general rules

The following conduct is not permitted:

- Bombing
- Running
- Fighting
- Pushing
- Misuse of equipment
- Eating or drinking in the pool area (except competitive swimmers, who may take a non-disposable sports drink bottle onto the poolside)

#### General rules:

- Outside shoes must not be worn in the pool area. Groups must provide overshoes as necessary.
- Canoes and sub-aqua equipment may not be used.
- All equipment stored at the pool (except rescue equipment) is privately owned, and must not be used without permission of the owner.
- Children not participating in a swimming session must be under the control of an adult at all times.
- Remove any plasters/bandages before entering the water.
- Long hair should be tied back and/or covered with a suitable swimming hat as appropriate.
- Jewellery, make-up, hairpins and false nails should be removed before entering the water and disposed of safely.
- Goggles are worn at the swimmers' own risk.
- Swimmers are asked to shower before entering the water.
- Shampoo, conditioner, shower gel etc. may not be used in the poolside showers.
- Buggies are not allowed on the poolside.
- Entrances / exits must be kept clear at all times.

#### Use of whistles:

- One short blast to attract the attention of pool users (stop and listen)
- Two short blasts to attract the attention of another member of staff
- Three short blasts – Lifeguard going in to the water
- One long blast to clear the pool.
- Excessive use of whistle is to be avoided.

## **4. Potential Risk Factors and Control Measures**

### Unauthorised entry

During the school core hours, users must ensure that the pool area is locked when they have finished using the pool.

During the evening (after the school core hours), on weekends and during school holidays Site Supervisors are responsible for ensuring that the pool area is locked when not in use.

Note – there are 3 access doors to the poolside. The first two lead through the male and female changing, and the third is a fire escape.

### Familiarisation

Pool staff should acquaint themselves with the depth variations in the pool.

Pool staff should be familiar with the facility's Emergency Action Plan.

Pool staff should be aware of the location of emergency equipment.

### Maximum occupancy

The maximum number of people permitted in the water at any one time is 30.

The maximum number of spectators on the pool side at any one time is 10 (this does not include the pool staff).

### First Aid

All lifeguards must be trained in first aid to a level suitable for their qualification.

All groups / School must provide their own first aid box.

A first aid treatment room is adjacent to the school's main entrance reception.

A defibrillator is located in the Male PE office.

During school core hours the school's first aiders can be contacted from an internal phone by dialling '3001'.

All incidents during school core hours should be reported to the school's main admin office and the Site Supervisor. All incidents outside school core hours should be reported to the Site Supervisor.

### Safety equipment

All users should make themselves aware of the location of the emergency rescue equipment.

Lifebuoys are located on wall hooks around the poolside. They should not be thrown into the water (as they may cause injury to the person they are trying to help if they hit them). They should be placed on the surface of the water and pushed towards the casualty.

Reaching poles are located on wall hooks at the deep end of the pool.

Ropes and throw bags are located on the sides of the pool.

Help can also be summoned by using the dedicated pool radio and/or emergency phone.

Supervising staff must have the radio on their person at all times.

If additional staff member present, they will act as "Eyes on the side" and first responder in the event of an emergency.

The poolside phone is located on the wall in the centre of the spectator area. It is tested by the school. It can be used to contact:

- The school admin office by dialling '3001'

- Pupil Reception on '3002'
- The emergency services by dialling '999'

### Pool temperature

Swimmers should not enter the water if the water temperature is below 24°C or above 35°C. The pool temperature will be maintained at 28°C +/- 2 °C. The pool side air temperature will be maintained at 29°C +/- 2 °C.

### Supervision

Adults should ensure that children on the poolside are supervised at all times. Failure to do so could cause distraction or danger to themselves or others. This includes ensuring that children do not climb on benches or railings.

Pool users should not enter unless a teacher and / or lifeguard is present. The changing rooms open to the shallow end of the pool so it is unlikely that someone will immediately enter deep water.

Pool users who require flotation aids must not go past the sign 'No non swimmers beyond this point'. This may be enforced (for example) by using lane ropes across the pool to create a safer environment.

### Environment

The pool floor may be slippery. A strict no running rule is in place, and swimmers must stay out of the spectator area when wet.

Any equipment on the poolside should be placed to minimise the likelihood that someone may trip over it. Unused equipment should be stored appropriately.

At certain times glare on the surface of the pool may make it difficult to see the bottom of the pool. The teacher / lifeguard must be able to see the bottom at all times, and should change their position if glare becomes a problem.

### Activities

All groups using the pool are responsible for completing a risk assessment for their activities. Site Supervisors may request a copy of these risk assessments. Site Supervisors will complete a risk assessment for the facility itself. All risk assessments must be reviewed at least annually, or after any incident.

Generally, diving is forbidden in any section of the pool.  
Diving may not be taught in the pool.

## Human factors

Pool users with medical, emotional or social needs must notify the swimming teacher or the group. The group must have a system in place to ensure that teachers are informed of any additional needs.

Swimmers under the influence of drugs, alcohol or medication must be reported to the Responsible Person. Groups and Site staff may remove any person they consider to be under the negative influence of any substance.

Failure to comply with instructions from lifeguards and pool staff means that an individual is a potential hazard and they should be removed from the water. If poor behaviour persists the pool user may be excluded from the pool.

Spectators watching children in an inappropriate manner should be challenged as to their purpose of being on the poolside. Pool staff and site staff may remove any person they consider to be acting inappropriately towards children, and groups should follow their own child protection procedures to protect children from harm.

## **5. Lifeguard Provision**

When programmed swimming is taking place there must always be a member of staff present who holds one of the following qualifications:

- RLSS National Pool Lifeguard (NPLQ)
- RLSS National Rescue Award for Swimming Teachers and Coaches (NRASTAC)
- Safety Award for Teachers (SAT)

When unprogrammed swimming is taking place, there must be a member of staff present who holds the RLSS National Pool Lifeguard (NPLQ) qualification.

While it is acknowledged that the NRASTAC or the SAT is not a 'lifeguard' qualification as such (but is a supervision & rescue qualification), this document uses the term 'lifeguard' for anyone who holds the appropriate qualification above.

Other qualifications (such as international qualifications) may be acceptable with agreement from Site staff.

Whilst it is accepted that the swimming teacher may be the person with the relevant qualification, it is recommended that an additional person is present to carry out the lifeguarding responsibilities.

A lifeguard must be present on the poolside at all times during a session. Lifeguards cannot operate from in the water.

During unprogrammed swimming sessions a lifeguard must be present and must not be involved with the activities taking place in the pool.

Lifeguards may be on duty for a maximum of 2 hours, and then must have a break of at least 30 minutes. They should be aware of the effects of the pool environment, including keeping themselves adequately hydrated.

Lifeguards must be a minimum of 16 years of age.

## **6. Duties and Responsibilities**

### Lifeguards

- Ensure the safety of everyone in the pool area by being aware of and acting upon the potential risk factors in section 5 of this document.
- Ensure the safety of all visitors to the pool. This includes monitoring those both in the pool and on the poolside (including spectators and staff), looking for violations of the general rules / conduct in section 4.
- Ensure that incidents are avoided by early intervention in any potential risk situation.
- Perform a rescue and administer first aid in the event of any incident.
- Report any incident or potential for an incident to the Responsible Person in a timely manner.
- Write a report of any incident in the accident book, no matter how trivial it may seem. Ensure that all details have been recorded correctly and signatures obtained from the relevant parties.
- Never leave the pool unattended.
- Ensure that pool users requiring flotation aids stay within their own depth and that swimming teachers monitor them at all times.
- Be aware of the location of all safety equipment and report damage or missing equipment before each session to the Site Supervisor.
- Ensure that paths to exits are kept clear and that emergency exits are not used except in the event of an emergency.
- Be familiar with the Pool Safety Operating Procedures by reading the Normal Operating Procedures (NOP – this document) and Emergency Action Plan (EAP).
- Work as part of the team and communicate / co-operate with other members of staff.
- Be courteous, friendly and professional at all times to everyone who uses the pool area.
- Discuss problems with the Responsible Person at the earliest possibility.
- Have a neat and professional appearance at all times while on duty.
- Patrol the poolside and be vigilant.
- Behave in a professional manner at all times.

### Teachers

- Ensure the safety of all members of the class at all times.
- Set out and put away equipment safely at the start and end of the lessons.

- Put the lane ropes in & out as required at the start & end of the session. If children assist with this ensure that they are adequately supervised.
- Be on the poolside before any swimmers, and be last to leave the poolside after a class (making sure that nobody is left in the water unsupervised).
- Be ready to start lessons and end lessons on time.
- Never leave a class unsupervised while teaching a lesson – this includes going to the pool side equipment store and the PE Department offices.
- Inform the Lifeguard if weak swimmer(s) are taken into deep water.
- Discuss problems with the Responsible Person at the earliest possibility and advise them of any incidents, no matter how minor.
- Work as part of the team and communicate / co-operate with other members of staff.
- Be courteous, friendly and professional at all times to everyone who uses the pool area.
- Have a neat and professional appearance at all times while on duty.
- Behave in a professional manner at all times.

### Responsible Person

- Be present for the length of the session, including the length of time it takes for all swimmers to change into and out of their swimwear.
- Ensure that all child protection requirements are met.

### General – dealing with the public

- All pool staff should deal with members of the public in a courteous, friendly, helpful and professional manner.
- Lifeguards should deal with any situation in a courteous helpful manner whilst ensuring the safety message gets across.
- If there are any situations which the Lifeguard or pool staff are not able to rectify then the Responsible Person should be notified as soon as possible.
- Ensure that any comments are noted to the Responsible Person as soon as the session has ended.

## **7. Class Ratios**

The following ratios between swimmer and swimming teacher must be adhered to during programmed swimming sessions (as recommended by the Amateur Swimming Association):

<b>Young children (under 5)</b>	6:1
<b>Teaching in the water</b>	6:1
<b>Beginners (including adult learners)</b>	12:1

<b>Improving swimmers (children and adults)</b>	24:1
Learners who have mastered stroke technique and have the ability to swim 10m comfortably and safely.	
<b>Mixed ability groups</b>	24:1
Pupils with a range of ability (from improver standard upwards), all able to swim 25m minimum.	
<b>Competitive club swimmers</b>	30:1
<b>Water polo</b>	2 teams: 1 (14 players in total)
<b>Synchronised swimming</b>	20:1
<b>Exercise in shallow water</b>	30:1
In water in which participants can safely stand	
<b>Exercise in deep water</b>	20:1
<b>Swimmers with special education needs or disabilities</b>	1:1 upwards

Full guidance can be found in the ASA publication ‘Safe Supervision of Programmed Swimming Lessons and Training Sessions’

## **8. Registration for Outside Hire Groups**

All outside hire group Responsible Persons and Lifeguards must register with the School office / Site Supervisor.

School will require a copy of insurance certificates from each group, and training certificates from each individual lifeguard. The expiry dates of these documents will be checked. If persons are not registered with the School office or their qualification has expired, the swimming pool session will not be allowed to start.

All outside hirers must complete the swimming pool sign-in sheet, situated in the Main Reception, before each session begins. This must identify the Responsible Person and the Lifeguard for the period of hire. If these names change during the period of hire the new qualified person must sign in with the school office.

Outside hirers must also ensure that their members are fully aware of all emergency procedures.

Conditions of hire are contained in a separate document:

- Southmoor Academy Terms and Conditions of Hire

## 9. Operational procedures

Operational procedures for the pool can be found in the following documents:

Operation of plant  
Carried out by Site Supervisors

Water testing

3 x daily pool water sample – Site team  
1 x month Microbiology testing – Mitie Water  
Quarterly Microbiology testing – Environmental Health

Pool cleaning

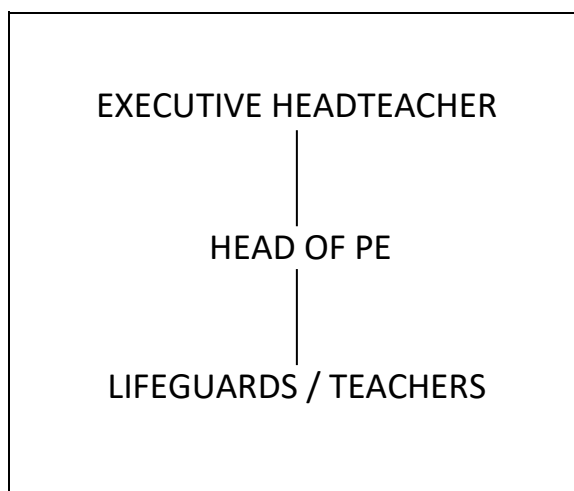
1 x weekly brush clean  
1 x weekly Vacuum clean

General cleaning  
Pool side is scrubbed and hosed down daily

Daily inspections and operational works – Site Team

## 10. Line of Supervision

During school core hours



Outside Hire Groups (Outside school core hours)

