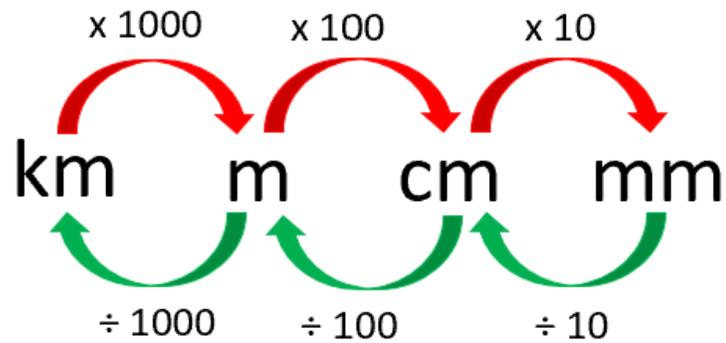
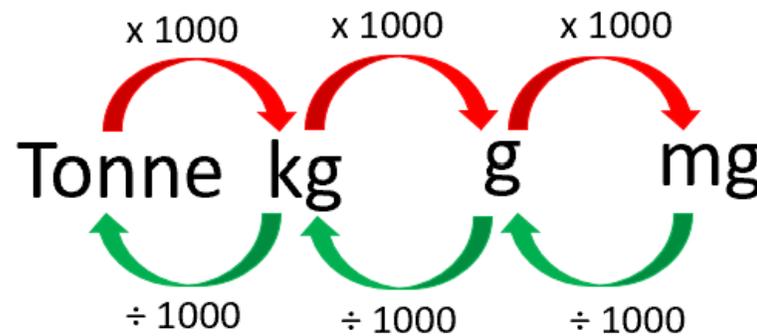


Converting metric units of length



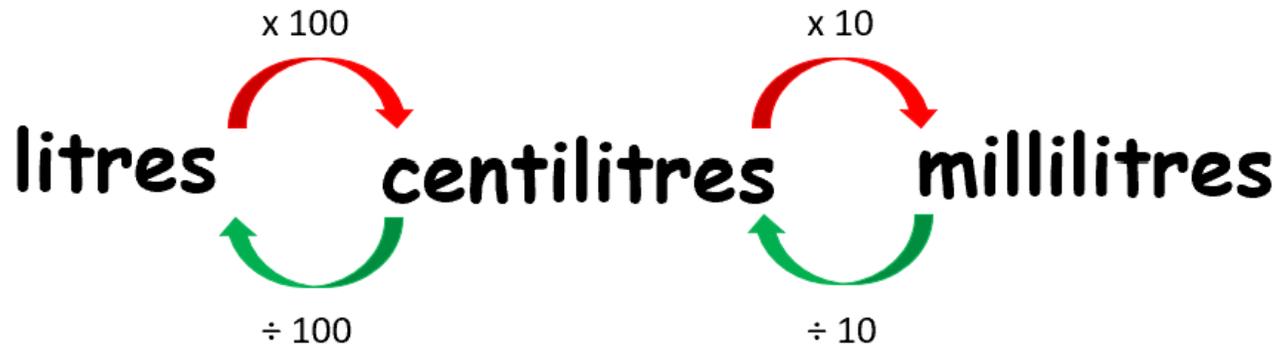
Converting metric units of mass



Converting Metric and Imperial Units of Mass

- 1 ounce = 28g
- 1 pound = 16 ounces = 450 g
- 1 stone = 14 pounds = 6400g
- 1 kg = 2.2 pounds

Converting metric units of capacity



Converting Metric and Imperial Units of Length

- 1 inch = 2.5cm
- 1 foot = 12 inches = 30cm
- 1 yard = 3 feet = 90cm
- 1 mile = 1.6 km

Converting Metric and Imperial Units of Capacity

- 1 pint = 0.57 litres
- 1 gallon = 8 pints = 4.5 litres

