

## Aspirational Vocabulary

Term	Definition
Purpose	The reason for which something is done or created; a person's sense of meaning.
Happiness	A state of well-being and contentment, often linked to fulfilment and meaning.
Salvation	In Christianity, being saved from sin and its consequences, often seen as the ultimate purpose of life.
Vocation	A sense of calling to a particular role or way of life, especially one that serves others or God.
Nirvana	In Buddhism, the state of enlightenment and freedom from suffering and rebirth.
Tikkun Olam	A Jewish concept meaning 'repairing the world' through justice, kindness, and good deeds.
Ethical Living	Living in a morally good way, often central to religious and non-religious beliefs.
Secular Humanism	A non-religious philosophy that focuses on reason, human values, and ethical living.
Self-actualisation	A concept in psychology describing the fulfilment of one's potential and purpose.
Altruism	Selfless concern for the well-being of others.

### What is Happiness?

- Happiness is often linked to fulfilling relationships, meaningful goals, and personal well-being.
- Different cultures and belief systems define happiness in various ways – from spiritual fulfilment to material comfort.
- Many believe that helping others and having a purpose brings lasting happiness.

- Family, community, learning, and justice are central to Jewish life.
- Many Jews see life as a partnership with God in creating a better world.

### What Do Christians Believe Is the Purpose of Life?

- Christians believe the purpose of life is to love God and love others.
- Following Jesus' teachings, serving others, and seeking salvation are central to Christian life.
- Many Christians feel called to a vocation that serves God and helps others.

### What Do Non-Religious People Believe Is the Purpose of Life?

- Non-religious people may find purpose through personal goals, relationships, creativity, and contribution to society.
- Humanists believe we create our own meaning through kindness, reason, and improving the human condition.
- For many, purpose is about leaving a positive legacy and living ethically.

### What Are Buddhist Views on the Purpose of Life?

- Buddhists believe the purpose of life is to overcome suffering and reach enlightenment (nirvana).
- This is achieved through the Four Noble Truths and the Eightfold Path.
- Meditation, ethical living, and compassion are key to spiritual progress.

### What Do Jewish People Believe Is the Purpose of Life?

- Judaism teaches that life's purpose includes obeying God's commandments and improving the world (Tikkun Olam).

### Big Questions

- 1) What makes life meaningful or fulfilling?
- 2) How do different religions define the purpose of life?
- 3) Can people find purpose without religion?
- 4) Is happiness the same as having a purpose?
- 5) How does belief in purpose influence how people live?

