

# Year 10 Work Experience 2024

Launch



### Why do Work Experience?

- Gain insight into a career
- Gives a purpose to your education showing the link between how education prepares you for the world of work
- It can help you find a job
- It can help with your application to Sixth Form, College or University
- You gain valuable skills for your development
- Adds value to your CV
- To gain a positive reference from an employer
- Building up contacts

### To get the most benefit

- For maximum benefit try to find a work placement based on:
  - A possible career route
  - An area of interest
  - Support a subject or qualification

### Take work experience seriously

- All work experience is valuable, no matter in what field it is. Evidence of:
  - Positive attitude to work, being polite
  - Flexibility and enthusiasm
  - Initiative ability to think for yourself in the workplace
  - Reliability turning up on time
  - Communication skills confident to talk to people, willing to ask for help and a good listener
  - Team worker gets on well with others
  - Literacy, Numeracy & computer skills

## When is work experience in Year 10?

Work experience will take place:

**Monday 10 June to Friday 14 June 2024** 

#### Work experience – next steps

- You can be researching potential work placements:
  - Speak to your family do they have any contacts?
  - Ask your teachers do they have any contacts?
  - Visit some potential employers and ask if they accept students for work placements.

## Work experience – the process unifrog

- The Work Experience process will be managed through the Unifrog's **Placements** tool.
- When you have found a work placement, login to Unifrog and click 'Placement tool' and 'New placement'. It is important that this is completed as soon as possible so Health & Safety checks can be completed before you can start your placement.
- Final deadline is Friday 10 May 2024.

### How to Look for a Work Experience

- Write to local employers this could be an email or company website
- Call in direct and ask to speak to the manager
- Telephone and ask to speak to the manager
- Speak to your family do they have contacts at their own place of work?
- Ask your teachers do they have any contacts?
- START APPLYING NOW

### Where could you do your work experience?

- In the past, students have completed their work experience in the following places:
  - Retail stores
  - Doctors surgeries
  - Veterinary surgeries
  - Hairdressing salons
  - Gyms/Leisure centres
  - Garages/Repair workshops

- Schools/Nurseries
- Hotels/Tourist places
- Restaurants & Cafes
- Solicitors/Legal firms
- General offices
- Council offices
- Banks & Building Societies

### Where could you do your work experience?

- These are some of the places where students in year 10 have completed their placements:
  - Tyne and Wear Fire & Rescue
  - Hudson Road Primary School
  - St Benet's Primary School
  - Bright Stars Nursery
  - Wates Group
  - Millfield Community Nursery
  - Sunderland City Council
  - Just Travel Cover
  - Barnes Junior School
  - Nissan
  - Sunderland Mind

- Sunderland Culture
- Grangetown Primary
- Next Retail
- Hillview Infants & Juniors
- Sunderland College
- Pets at Home
- Gentoo Group
- BT/EE
- Medichem Pharmacy
- MPCT

#### Who to speak to?

Mrs Robinson, Careers Advisor – based in the Careers Hub

 Mr Wareham as Careers Leader has the oversight of Careers in school.

Head of Year & Form Tutors

Personal Development teachers, materials to help you apply for a work placement