













Warm Welcome from Back on the Map

	Monday	Tuesday	Wednesday	Thursday	Friday
10-12	<p>'Men's Shed' A joinery group for men</p> <p>'Gas + Ransers' Get involved and Keep Hendon Tidy</p> <p>'Play To+5' Stay and play session (Preschool)</p> <p>'Housing Drop in' @ Trafalgar Square Housing drop in for residents</p> <p> Children's Library Drop In</p>	<p></p> <p>'She Shed' A woodwork class for women</p> <p>'Social Art Group' Mixed ability mixed medium group</p> <p>'Go Volunteer' Discover skills and opportunities</p> <p>'Job Club' Support to get into employment</p> <p> Library Drop In 12pm-5pm</p>	<p>'Go Grow' Discover new skills at the allotment</p> <p>'Urban Gardening' 'Greening up' our community</p> <p>'Social Singing' Singing for the mind, body and soul</p> <p>'My House, My Home' Managing your tenancy training</p> <p>'Workshop Drop In' Meet the staff and discover our offer</p> <p></p>	<p>'Get Off' Learn woodwork skills while having fun</p> <p></p> <p>'Paper Crafts' Make decorative items from paper find out</p> <p> Children's Library Drop In</p>	<p>'Watercolours' A tutor led advanced painting session</p> <p>'Social Strollers' (10-11am) Gentle walking followed by a cuppa</p> <p></p> <p>'Grab a Bag' (11am-12pm) Bringing fresh fruit and veg to Hendon</p> <p>3rd week of the month 'Book Club' Discuss the book of the month</p> <p>'Time to Talk' A chance to have a cuppa and a chat and find</p> <p></p>
1-3	<p>'Kids Grooves' Music, move and sing (Preschool)</p> <p></p>	<p>'Let's Move' (3-4pm) Self led pilates style class</p>	<p>'Games Afternoon' Scrabble, board games and more</p> <p></p> <p>'Social Kitchen' Taster activities in a relaxed setting</p>	<p>'Social Kitchen' (12-2pm) Taster activities in a relaxed setting</p> <p>'Crafty Knitters' A chance to knit and knatter</p> <p>'Uke Group' Peer led session for those who play</p>	<p>Opening Times Monday - 9.30am - 5pm Tuesday - 12 noon - 7.30pm Wednesday - 9.30am - 5pm Thursday - 9.30am - 7.30pm Friday - 9.30am - 3.30pm</p>
3-5	<p>'Schools Out' (3.30pm-4.45pm) After school infants club</p> <p> Children's Library Drop In</p>	<p>'IT Buddy Help' Online and computer support</p> <p></p>	<p>'IT Buddy Help' Online and computer support</p> <p>'Meet Your Neighbour' Discover your community</p> <p>'History Group' (3.30-5pm) Talks and discussions on local history 3rd week of the month</p>	<p>'Warm Welcome' (4.30-7.30pm) A warm welcome from our people and spaces including Yoga 5-6pm (£5.00)</p>	<p>'Warm Welcome' (4.30-7.30pm) A warm welcome from our people and spaces including Yoga 5-6pm (£5.00)</p>



Daily Drop Ins



Netzone is open Tuesday to Thursday 9.30am - 5pm
Monday & Friday 9.30 - 3pm
(from noon on a Tuesday and till 7.30 Tues and Thurs)



Library is open Monday to Thursday
from 9.30am-5pm, Friday 9.30am-3pm
(from noon Tuesday)

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www.backonthemap.org

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